

**Unit:** Line and Pattern

**Lesson:** Zentangles – Extravagant Doodles

**Grade Level:** 7<sup>th</sup> Grade

**Standards Covered:**

**Intro:**

Zentangles are a fun way to increase focus and creativity. Structured patterns are created from a mind that has been freed up from the cares of the world. The patterns that are created are whimsical in nature and have been used in art therapy as a way to relax and help with insomnia.

**Materials:**

Drawing paper

Compass (optional)

12" ruler

2b pencil

Extra fine sharpie marker

**Procedure:**

1. Start with a 3.5" piece of paper. With a pencil put a dot in each corner.
2. Now make a "frame" by connecting the dots. They do not have to be a square.
3. Now create a "string", separate the frame with a line that traditionally is continuous, this is what makes the Zentangle look complicated.
4. Using a sharpie use different textures to fill in the sections on your Zentangle
5. Students will walk around campus and they find patterns and textures
6. Students then we went back to the classroom and used what they found in the Zentangles.
7. Students will then get a larger 9"x9" piece of white drawing paper and divide the paper as they wish.
8. Teacher will make available packets of pattern formation samples
9. Students will also be able to use chrome books to research and find additional patterns

**Vocabulary:**

Pattern

Doodle

Framing

Texture

